

# Visitor Guidance

## LONG TERM CARE

ROCHESTER  
REGIONAL HEALTH



### Visiting Hours Guidelines

- We can now open visitation to all residents, with limited exceptions such as:
  - » *When a virus outbreak affects multiple areas of the facility.*
  - » *When the resident you wish to visit has a confirmed COVID-19 infection or is in quarantine.*
- We recommend a limit of two visitors per resident, and visits limited to one hour.
- Visitors under the age of 16 must be accompanied by another visitor 18 years of age or older.



### Social Distancing

- Visitors must practice the recommended physical distancing of at least six feet, except when assisting with a wheelchair.
- Visitation should be limited to outdoor areas, weather permitting.
  - » *If unable to be outdoors, visitation must take place in a well-ventilated space and follow all social distance and masking guidelines.*
- Private in room visitations are allowed.
- Semi-private in room visitations are allowed only for residents with a roommate who is a spouse.
  - » *If possible, for residents who share a room, visits should not be conducted in the resident's room*



### Masking and Hand Hygiene

- Similar to all employees, visitors must wear a mask or cloth face-covering at all times while in the facility.
- Residents will also be required to wear a mask that covers their nose and mouth during visitation.
- Visitors must also follow proper hand hygiene: Wash hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing.
  - » *If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.*



### Visitor Screening

- Visitors will be screened for COVID-19 symptoms before being allowed entry into the facility.
  - » *If any visitor exhibits any COVID-19 symptoms, or does not pass screening questions, they will not be permitted to visit.*
- Proof of vaccination or testing is not required for visitations.
- Visitors will need to check in upon arrival and check out when they leave the facility.
  - » *Each visitor will be required to provide their name, address, and phone number for documentation.*

## Help us, Help you.

Visitors who fail to comply with any of these guidelines will be asked to leave the facility.

After visiting, please monitor for signs and symptoms of COVID-19. If you experience symptoms, please contact the facility.

*By visiting a resident within the facility, you may be putting the resident at risk if you have been exposed to COVID-19. Failure to adhere to social distancing and masking guidance in all public places, including the facility, increases the chance of exposure to COVID-19.*

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