

Spine & Pain Center

Dr. Jennifer Gargano

Directions for Starting Neurontin (Gabapentin) 300 mg

Instructions

- Start one tablet at bedtime for 4 days.
- One Tablet twice daily for 4 days.
- One Tablet three times daily for 4 days.
- One tablet in the morning, and midday, 2 tablets at bedtime for 4 days.
- Two tablets in the morning, 1 tablet midday and 2 tablets at bedtime x 4 days.
- Final dose is 2 tablets three times daily.

Side effects

Sedation, trouble concentrating, weight gain and fluid retention. Tolerance to side effects develops with time.

If you experience intolerable side effects while trying to increase your dose, please decrease your dose to the lower dose that you were able to tolerate, and stay at this dose for at least 1 week before attempting to increase. You may remain at the lower dose, if this is what you are able to tolerate.

Please remain on this medication for 4-6 weeks to see the full effects. You will not notice effects immediately. Neurontin is a very effective medication for various pain conditions, including nerve pain and chronic pain.

Call Now

585.218.0072

Visit Us Online

RochesterRegional.org/PainManagement

Like Us

[Facebook.com/IGHSchoolofpracticalnursing](https://www.facebook.com/IGHSchoolofpracticalnursing)

Spine & Pain Center – Canandaigua

468 S. Pearl St.

Suite C

Canandaigua, NY 14425

Spine & Pain Center – Pittsford

135 Sully's Trail

Suite 5

Pittsford, NY 14534