



## PSST! Parkinson's Strategies to Succeed & Thrive!

### DO YOU HAVE PARKINSON'S? YOU ARE NOT ALONE.

Join us for our **FREE VIRTUAL** monthly clinic dedicated to Parkinson's Disease care, and connect with others who have the disease.

#### Benefits of the Clinic:

- Organized and staffed by Rochester Regional Health Physical Therapists and Speech Therapists
- Offers educational opportunities about Parkinson's Disease
- Discusses special topics and shares resources relevant to Parkinson's Disease
- Hear from others living with Parkinson's Disease and build a supportive community

All clinics are free and open to those living with Parkinson's Disease, including patients, caregivers, spouses, and their loved ones.

**When: 3rd Wednesday  
of every month - 1 PM**

**Platform:  
Zoom**

**Meeting ID:  
938 8115 7149**

**Questions?** Please contact Sarah Wolf at (585) 368-6679 or [Sarah.Wolf2@rochesterregional.org](mailto:Sarah.Wolf2@rochesterregional.org)