



Stroke support & education group

**Have you or a loved one suffered a stroke?
You are not alone.**

Join us for a FREE monthly clinic dedicated to post-stroke care and education, and connect with other stroke survivors.

Benefits of the clinic:

- Organized and staffed by Rochester Regional Health stroke education team
- Offers educational opportunities about stroke
- Discusses special topics and shares resources relevant to post-stroke care
- Hear from other stroke survivors and build a supportive community

All clinics are free and open to stroke survivors, caregivers, spouses, and their loved ones.

When: 3rd Tuesday of every month | 9:30 – 11 am

In-Person:

Unity at Ridgeway
2655 Ridgeway Ave
Rochester, NY 14626
1st Floor Conference Room

Zoom:

Meeting ID: 92602053416
Passcode: 398314

Questions? Please contact Virginia Watts at (585) 922-5943 or Virginia.Watts@rochesterregional.org

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