At the Memory Center at Unity we recognize that for millions of people, cognitive and memory disorders are a part of every day, and that they should be attended to, and integrated with every aspect of well-being to help people live their healthiest life. We also understand that each case is uniquely different, and deserves the utmost attention and care.

Our team of experts provide personalized, comprehensive diagnostic assessment, treatment and support that’s rooted in dignity, respect, independence, and choice. From highly trained neurologists, neuropsychologists, and nurses, to social workers, geriatricians, psychiatrists, and therapists, patients and families have access to advanced care teams with robust training in all areas of cognitive and memory care.
WHAT YOU CAN EXPECT, FROM EVALUATION TO TREATMENT

On the day of your visit, you will first meet with one of our cognitive and behavioral neurologists for approximately one hour, during which we will:

- Ask you about the history or progression of your condition
- Assess memory, language, attention, and judgment capabilities
- Ask you several focused questions to evaluate your current overall cognitive state
- Make any referrals* for diagnostic testing such as blood work, an MRI, or PET scan
- Schedule a follow-up visit with the neurologist or neuropsychologist

During your second or follow-up appointment, your provider will:

- Discuss the results or assessments from your first appointment
- Guide you through a series of neuropsychological tests, to help determine your level of memory or cognitive impairment. This typically takes approximately two hours.
- Discuss the results of your test and recommended treatment options with you and your family

HOW WE CAN HELP YOU

The Memory Center at Unity has a multidisciplinary team of neurologists, psychiatrists, and geriatric specialists who work together to provide you with the most comprehensive evaluation, diagnosis, and treatment.

And, because family members are just as deserving and in need of care, education, and support, we offer programs and services that are critical to the success of your treatment, which can include:

- Treating peripheral conditions such as emotional or sleep disorders that can further compromise cognitive and memory abilities.
- Developing an exercise plan that is suitable in helping to slow cognitive decline.
- Nutritional evaluation to ensure your body and mind are getting the vitamins and minerals it needs.
- Intellectual stimulation and memory training.
- Social engagement.
- Drug therapies.

*All referral requests should be completed prior to the next scheduled appointment.

Note: During a patient’s visit with us, he or she may have medical students, residents, or other trainees participate in their care.

OUR CARE TEAM

David Gill, MD
Cognitive Neurologist

Marla Beth Bruns, MD, PhD
Cognitive Neurologist

Krista Damann, PhD
Neuropsychologist

Tanya Grace, PsyD
Neuropsychologist

Crystal Malec, MA
Neuropsychology Technician

Matthew A. Smith, RPA-C
Physician Assistant

Susan Crane, LMSW, MPH
Care Manager/Educator
Lifespan of Greater Rochester

OUR SERVICES OFFERED

- Neurological and neurocognitive evaluation and consultation
- Psychopharmacological evaluation and treatment
- Neurorehabilitative care and management
- Physical, occupational, and speech therapy
- State of the art, on-site brain MRI and CT facilities
- Neuropsychological testing
- Driving assessment
- Patient and family support for the social effects of illness
- Follow-up care for optimal management of memory and cognitive disorders
- On-site lab services

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