

Finger Lakes Urology Institute
DISCHARGE INSTRUCTIONS

Surgical Procedure: Circumcision

INSTRUCTIONS:

- 1) **No contact sports for 5 days. No swimming or sex for 2 weeks.**
- 2) **Keep the incision clean and dry.**
- 3) **Consult your Primary Physician or Cardiologist about taking Aspirin or Motrin.**
- 4) **Take your pain medicine as needed. Be advised that this medication can cause constipation and can affect your judgment and reflexes.**
- 5) **You may shower, but no bath/swimming for 4 weeks.**
- 6) **Expect your incision to look swollen and irregular for about 1-2 weeks.**
- 7) **Call your urologist. He will want to see you in about 2 weeks.**

CALL YOUR DOCTOR FOR:

Continuous bleeding
Increasing redness of the incision
Opening of the incision