

Finger Lakes Urology Institute
Discharge Instructions

SURGICAL PROCEDURE: Cystoscopy

INSTRUCTIONS:

- 1) No strenuous activity for one week.
- 2) Drink plenty of fluids. Your urine can become pink or tea colored over the next few days. This is to be expected and is from a normal amount of bleeding after this procedure. Increasing the fluids you drink will help resolve this.
- 3) Continue to take your routine medication unless your doctor has advised you differently.
- 4) Consult your Primary Physician or Cardiologist about taking Aspirin or Motrin.
- 5) Take your antibiotics as prescribed.
- 6) If you go home with a catheter, call for appointment to have catheter removed in _____ days.
- 7) Call your Urologist for an appointment. He/she will want to see you in 7 to 10 days.

CALL YOUR DOCTOR:

If your urine becomes bright red or you start to pass clots.
If you are unable to pass your urine.
If you develop fever or chills.