

Finger Lakes Urology Institute
DISCHARGE INSTRUCTIONS

SURGICAL PROCEEDURE: Cystoscopy, Internal Urethrotomy

INSTRUCTIONS:

- 1) **No sex, no sports, no bike or motorcycle riding, no strenuous activity for 2 weeks.**
- 2) **Irritative symptoms are common.
ie. = burning on urination, urinary dribbling, & a sensation that you have to urinate frequently.**
- 3) **Continue to take your routine medications unless your doctor has advised you differently.**
- 4) **Consult your Primary Physician or Cardiologist about taking Aspirin or Motrin.**
- 5) **Take your antibiotics as prescribed.**
- 6) **If you have a catheter it will be removed in a few days in the office.**
- 7) **Call your urologist for an appointment.**

CALL YOUR DOCTOR:

If your urine becomes bright red and you start to pass clots.

If you are unable to pass your urine.

If you develop fever or chills.

