

***Finger Lakes Urology Institute***  
**DISCHARGE INSTRUCTIONS**

**SURGICAL PROCEDURE: Transurethral Resection of the Bladder Neck**

**INSTRUCTIONS:**

- 1) **No strenuous activity for a few days.**
- 2) **Drink plenty of fluids. Your urine can become pink or tea colored over the next few days. This is to be expected and is from a normal amount of bleeding after this procedure. Increasing the fluids you drink will help resolve this.**
- 3) **Continue to take your routine medication unless your doctor has advised you differently.**
- 4) **Consult your Primary Physician or Cardiologist about taking Aspirin or Motrin.**
- 5) **Take your antibiotics as prescribed.**
- 6) **Call your Urologist for an appointment. If you have a catheter in place, call the office to be seen for catheter removal by one of the nurses, and for a follow-up appointment.**

**CALL YOUR DOCTOR:**

**If your urine becomes bright red or you start to pass clots.**

**If you are unable to pass your urine.**

**If you develop fever or chills.**

