

***Finger Lakes Urology Institute***  
**DISCHARGE INSTRUCTIONS**

**Surgical Procedure: Ureteroscopy**

**INSTRUCTIONS:**

- 1) It is important to drink as much fluid (non-alcoholic, non-caffeinated) as possible to wash out any blood that may accumulate.
- 2) If you had a stent placed, it may cause bladder irritation or bladder spasms.
- 3) Continue to take your routine medications unless your doctor has advised you differently.
- 4) Take your pain medication as needed, but realize that this medication can effect your judgment and reflexes. This medication can also cause constipation.
- 5) Consult your Primary Physician or Cardiologist about taking Aspirin or Motrin.
- 6) Call your urologist he will want to see you in about 7 to 10 days.

**CALL YOUR DOCTOR:**

If you develop fever or chills.

If you develop problems voiding.

If you develop nausea and are unable to drink fluids.