

The flu vaccine is the single, most crucial step to preventing the spread of influenza and helping everyone stay healthy at work and home. You can make a difference by visiting one of the clinics below and getting a **free flu shot**.

Newark Wayne Community Hospital- First Floor Conference Room

Tuesday, 10/18, 1 pm -3 pm Friday, 11/4, 10 am -12 pm

Clifton Springs Hospital- Rotary Room

Tuesday, 10/11, 8:30 am -11:30 am Friday, 10/28, 1 pm -3 pm

Friday, 11/11, 1:30 pm -3:30 pm

Rochester General Hospital – Medical Office Building, Suite 155

Monday, 10/17, 7:30 am -5 pm Wednesday, 10/26, 7:30 am -1 pm Thursday, 11/3, 7:30 am -1 pm Monday, 11/7, 12 pm -6 pm Wednesday, 11/16, 7:30 am -1 pm Friday 12/2 7:30 am -1 pm Monday 12/5, 11 am -8 pm

United Memorial Medical Center- Multiple Locations

Monday, 10/17, 7 am -10 am- Overflow cafeteria Thursday, 10/20, 7 am -10 am -Boardroom Monday, 10/24, 7 am -9 am -Urgent Care location Bank St Tuesday, 10/25, 2 pm -5 pm -Boardroom Friday, 10/28, 12 pm -4 pm -Boardroom Saturday, 10/29, 7 am -10 am -Boardroom Tuesday, 11/1, 2 pm -4 pm Boardroom Thursday, 11/3, 7 am -9 am Boardroom Tuesday, 11/15, 12 pm – 4 pm - Urgent Care location Bank St. Tuesday, 11/29, 12 pm – 4 pm- Urgent Care location Bank St.

Unity Hospital- Education Center Hallway

Friday, 10/21, 7:30 am -5 pm Monday, 10/24, 7:30 am -1 pm Wednesday, 11/2, 7:30 am -1 pm Wednesday, 11/9, 12 pm -6 pm Thursday, 11/17, 7:30 am -1 pm Wednesday, 11/30, 7:30 am -1 pm Friday 12/9, 11 am -8 pm

St. Lawrence- Multiple Locations

Monday, 10/17, 9 am -1 pm - Classroom 2nd Floor, CPH

Tuesday, 10/18, 10 am -4 pm - Community Room, GH

Thursday, 10/20, 1 pm -4 pm - Community Classroom, MH

Friday, 10/21, 12 pm -4 pm - WorkReady office, Suite 114, EJ Noble Bldg, 80 East Main St, Canton

Tuesday, 10/25, 7:30 am -10 am - Community Room, GH

Tuesday, 10/25, 1 pm -3 pm - Conference Room, 2nd floor, GREENFIELD BLG, 6119 Hwy 11, Canton

Wednesday, 10/26, 9 am -12 pm - Classroom 2nd Floor, CPH

Wednesday, 10/26, 1 pm -3 pm - Community Room, Helen Snell Blg, 49 LAWRENCE AVE, Potsdam

Thursday, 10/27, 9 am -1 pm - Community Classroom, MH

Friday, 10/28, 12 pm -4 pm - WorkReady office, Suite 114, EJ Noble Bldg, 80 East Main St, Canton

Wednesday, 11/2, 8 am -1 pm - Community Room, GH

Friday, 11/4, 12 pm -4 pm - WorkReady office, Suite 114, EJ Noble Bldg, 80 East Main St, Canton

Friday, 11/11, 12 pm -4 pm - WorkReady office, Suite 114, EJ Noble Bldg, 80 East Main St, Canton

Walk Ins as Staffing Permits, Monday-Friday, 8 am -4 pm - WorkReady office, Suite 114, EJ Noble Bldg, 80 East Main St, Canton

For questions or concerns, please reach out to your local Employee Health Services office:

CSHC: 315.462.1560 NWCH: 315.332.2423 RGH: 585.922.4026 Unity: 585.723.7880 UMMC: 585.344.5212 SLH: 315.261.5107